



THERMAE
SYLLA SPA
Wellness Hotel

Step into nature's spa





The Spring

Everything is in flux and changes constantly!



The mineral spring baths was considered to mark the beginning of the third age a few years back. Nowadays this has changed and younger people seek in its rejuvenating properties their body and mind balance for a positive approach to life.

The mineral springs of Edipsos have been famous for their healing properties since the 4th century B.C. The Ancient Greek writers and philosophers such as Aristotle, Strabo, Plutarch, make many references to these springs. In Edipsos the mineral spring water springs from natural wells as deep as 3,000 m at temperatures of 75-85o C.

Our History

4000 years of history



Mythology Argues That The Hot Springs Below Thermae Sylla Were Born When Hephaestus Beat The Land With His Hammer To Please The Goddess Athena, Who Believed That The Springs Would Keep Hercules Healthy And Powerful.

In His Meteorology Writings, Aristotle Discusses His Theories About Earth Sciences And Mentions The 'Aidipson Thermas' As Part Of His Revelations And Explanations On Geological And Climatic Phenomena.

Roman General Syllas (Or Sulla) Is Healed In The Thermal Waters Of Aidipsos After Suffering From Excessive Uric Acid. He Decides To Preserve The Town From The Conquering Roman Armies, Giving His Name To The Cave Where He Was Treated. Roman Emperors Augustus And Hadrian Subsequently Visit The Spa Built There.





Our Philosophy



For us here at Thermae Sylla, wellbeing and healing represent a holistic concept with significant focus on personal attention in a place that offers a reassuring family atmosphere. Each one of our guests is very important to us and we do our utmost to pamper him or her. We take our time to examine every individual's health concerns with genuine interest, building long-lasting relationships and friendships along the road to wellness.

Our strength as a unique and rejuvenating spa center lies in the thermal water under our property, and we work hard to share its blessings with our guests. People who arrive in a very tired state here very often leave with a smile on their face, something which is very rewarding and empowers us to give more.

Our aim is for our guests to leave transformed, feeling healthier and livelier than ever. Thermae Sylla Spa is very much a lifetime experience. Once you try it, you will remember it forever and you will be back.

Location

Whatever your interest beyond the property's premises, we can arrange a tour or activity within the greater region.



Many lovely beaches are dotted around the northern part of the island, both on the east side and the west side.

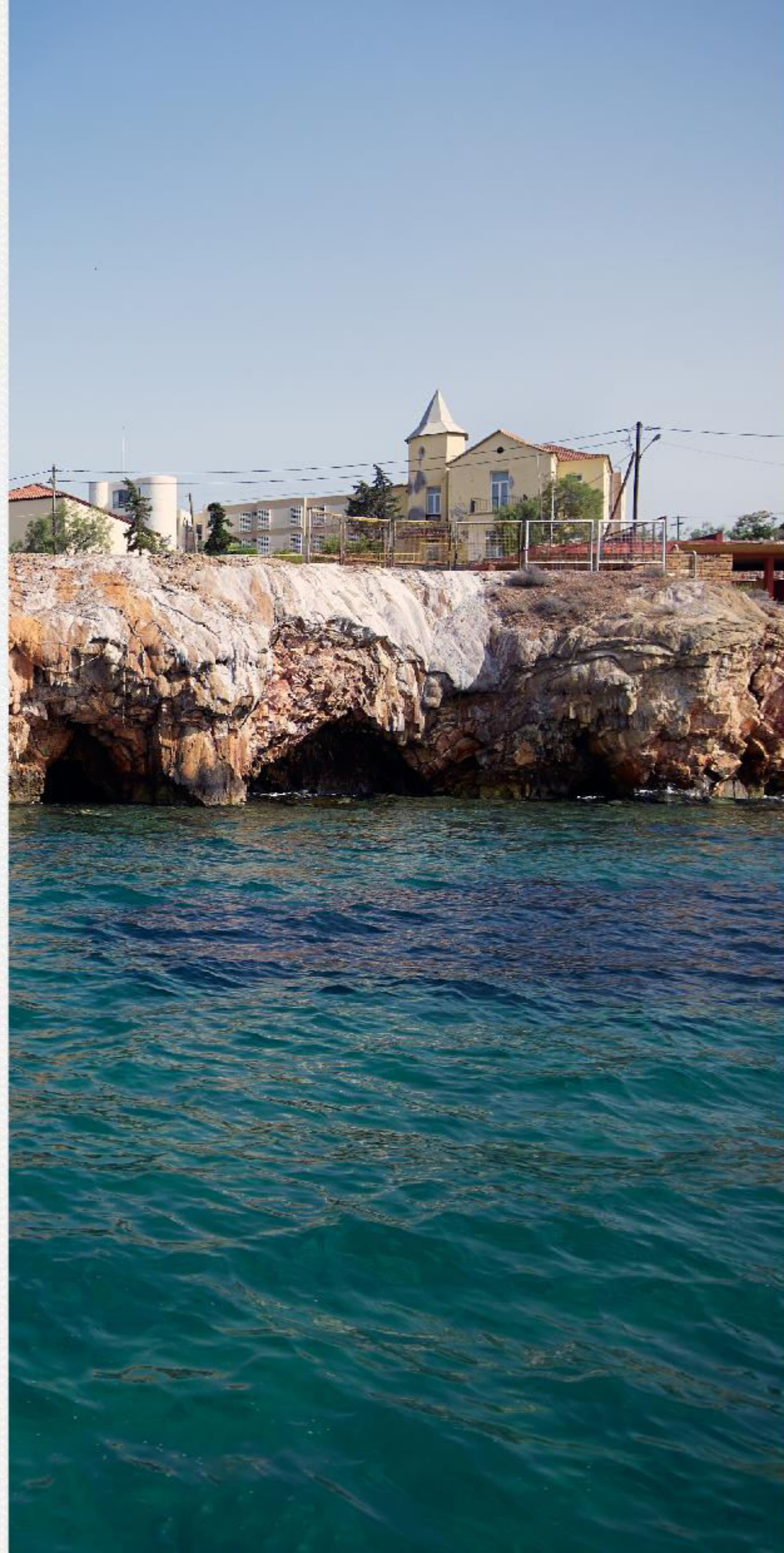
Take your pick.

A wide range of activities from hiking and diving to birdwatching and horse riding are available in this region.

Get ready to discover the very best of Northern Evia!

There are many ancient sites to visit in this green mountainous land that pours into the sea. Historic remains of towers, baths and castles can still be seen here, plus some monuments from more recent history.

Without a doubt the Church of Agios Ioannis is spiritually the most important one here and known for its healing powers. Yet there are other very notable churches worth visiting too.



The Hotel

Thermae Sylla embodies real wellness and medical spa treatments in an environment of understated luxury and healthy Mediterranean gourmet. It offers an ideal cure and escape from the demands of modern life to help you rejuvenate, heal, rediscover your inner self and unveil the new you.





The Rooms

Enjoy every moment



Welcome to your private oasis of relaxation. Every room or suite at Thermae Sylla, along with its bathroom, is particularly spacious and calm. A variety of services ranging from international satellite television, room service and mini bar to afternoon turn-down service and wifi internet will ensure the ultimate comfort.

Each room at Thermae Sylla has individually controlled air conditioning so that you can set the temperature that's right for you. You'll also find a mini bar, hairdryer, slippers, bathrobes and personal care amenities. In our suites you'll be pampered with a complimentary bottle of red Thermae Sylla wine, a succulent fruit basket and luxury bathroom amenities.

Facilities

Sit back, relax, and enjoy the road to wellness!



Swim in our indoor and outdoor pool, get a massage, dine by the sea, lounge in the Piano bar, and buy your favorite local products.

Thermae Sylla offers a variety of facilities and services to discover, from food and beverage options to a myriad of accommodation choices and spa treatments.





Gastronomy

Welcome to a place where delicious meets healthy.



The cuisine served across the property is based on wholesome, natural ingredients, many of which come from Thermae Sylla's private farm.

The latter also produces first-grade extra virgin olive oil for exclusive use in its dishes. Noteworthy as well, the property recently won the Argyros Morfeas award of excellence for the high quality breakfast it serves. Whether you dine a la carte, eat by the sea, delight at the buffet or order to your room, the cuisine at Thermae Sylla will not disappoint.

Thermal Spa

Our thermal water makes all the difference.



Specific Programmes

You'll love the variety of tailored week-long treatments to overcome specific conditions and ailments.



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*The antistress program will relax you completely, the detox program will cleanse your body, the thermal classic cure will combat aches and pains, and lastly weight-loss cure will help you achieve a leaner, healthier body. These comprehensive programs represent the best of
Thermae Sylla!*





Wellness Treatments

Everyone needs brief escape from life's daily demands.



A few days are enough for the power of Thermae Sylla's thermal spring waters combined with our wellness treatments to transform you.

Enter into a world of fabulous treatments that will detoxify, revitalize and heal you in a variety of ways. The best in massages, facials, body wraps, fitness classes and personalized programs are waiting for you.

Medical Treatments

Find balance, regain your health



Find balance, regain your health from the inside out and recover from a number of ailments through our specially formulated medical treatments.

Our doctor is at your disposal to propose the most effective rejuvenation and recovery program for your needs. The choice of antiaging treatments, esthetic medicine, good nutrition, pool therapy, thermal mud baths and physiotherapy treatments will amaze you.



Events

Events made to measure...





Wedding



Would you like to have your dream wedding on a deck by the sea or would you prefer it to be around a gorgeous pool and garden? Do you like luxurious spaces suites for your wedding night or lavish indoor banquets with five courses in a grand hall? Whether your wedding is about a horse-drawn carriage that takes you to your momentous event or about pre-cocktails at the Piano Bar, Thermae Sylla can offer all of these choices together.

The views of the sea and mountain, the historical stone building and the delightfully peaceful ambiance all contribute to making your wedding a fabulous lifetime event. Another important reason for hosting your wedding in this little corner of paradise is the gastronomic excellence that the Thermae Sylla culinary team offers. Fresh seafood, organic wines, local mountain herbs and extra-virgin olive oil will inspire your wedding menu and create memories worth savoring, with a superb wedding cake for the finale.

Last but not least, rest assured that both the bride and groom will be at their most relaxed and most beautiful, thanks to the various professional spa and beauty treatments offered before and after the wedding. This is certainly going to be the event of a lifetime.

Conferences



As the world changes, businesses are realizing the importance of their human resources, offering more incentives to encourage loyalty and productivity than ever before. Thermae Sylla is ideal for this new age of business, as it enables companies to combine rest, relaxation and entertainment with an unparalleled business venue. Nutritious gastronomic delights are also part of the business equation, helping to promote the concept of 'a healthy body for a healthy mind.'

Different conference spaces and options are available at Thermae Sylla. It is the ideal place to build team spirit, launch a new product, brainstorm for next year's strategy, or impress business colleagues in a professional conference. After all, health, wellbeing and a gorgeous ambiance should definitely be ingredients for business success. There are three halls that are ideal for business events.



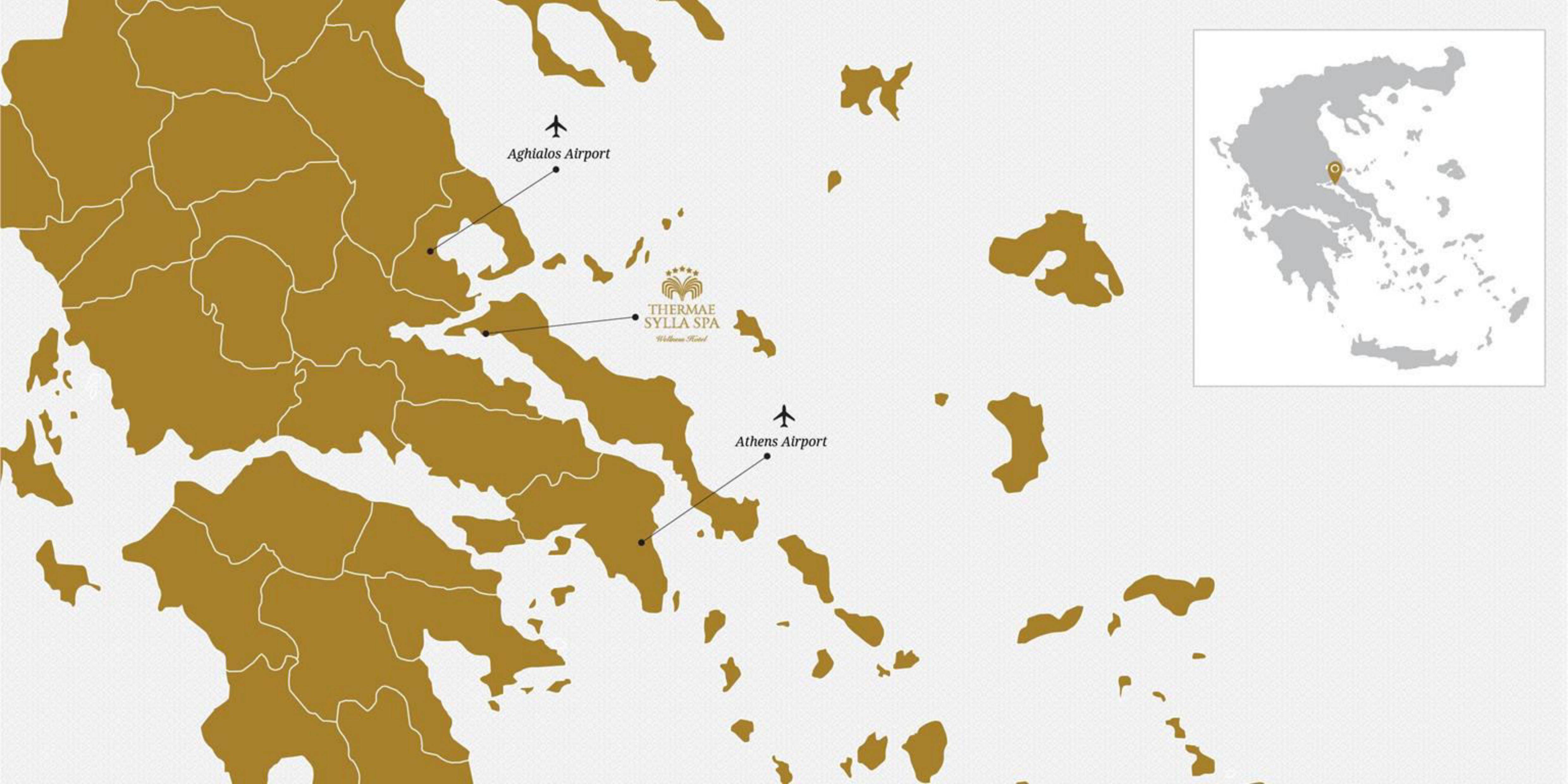


Incentives



The gift of wellness is perfect for business partners, bosses and employees. In addition to offering relaxation and rejuvenation for a more productive career, it builds strong networks and fosters appreciation among partners.

Give your partners, employees or management a break at Thermae Sylla. This is one of the best investments you can do for your human resources and for your business.




Aghialos Airport


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